Marlfields Primary Academy Newsletter

20th May 2022





On Sunday Thomas Davies was part of the U11 Vale Juniors team who lifted the North Staffordshire Final Cup at Eaton Bank. Thomas usually plays for the U10 team. However, the coaches of the U11 team approached him to assist the older age group as they were short of players. He readily accepted the challenge. He played well and even managed to score a goal!



Congratulations to **Jayden Baller**; He recently successfully achieved his Jujitsu Yellow and White Belt.



Well done also to Darcey Rosson for winning a trophy and medal at a recent dancing competition.

SWIMATHON 2022

We recently received the following letter; and would like to share it with you:

"Dear Sandie Isherwood

Congratulations to the pupils at Marlfields Primary Academy on raising £360.00 for East Cheshire Hospice from the Congleton Rotary Swimathon. This is a wonderful achievement and we are truly grateful for your support!

I would like to share some feedback with you that was received from a family member of a patient who was recently cared for here, "The gentle respect and care given was evident from everyone whom we had contact with. It is difficult to put into words how much this was appreciated by us all."

Your generosity helps provide quality care, cups of tea, delicious meals, and comfort to those in our community who have been diagnosed with a life-limiting illness; and to their loved ones too. The Hospice is a place where life is celebrated and our patients, their families and carers are at the centre of everything we do.

In order to keep providing our vital services, we need to fundraise over 80% of our daily running costs, so your donation really will make a difference.

We love hearing all about your inspiring fundraising activities, so please send over any photos from your fundraising to <u>fundraising@echospice.org.uk</u> and we will post them on our social media pages.

The Fundraising Team is here to support you, if there is anything we can help you with please contact us. You can also find out more by visiting our website www.echospice.org.uk.

On behalf of everyone at the Hospice, thank you for your kind gift. Kind Regards, Claire Gorton Community Fundraising Assistant" East Cheshire
Hospice
Where people come to live

Thank you to everyone who took part and / or sponsored the children. As you can see, your contribution has been greatly appreciated by the Hospice.

PE Kits

Summer is here! We often get offers of opportunities from local groups such as the Golf Club and Tennis Club that we love to take up and take advantage of the lovely weather. Therefore, we are asking that PE kits come into school on a Monday and left in school until Friday. This will allow all children to take the opportunities offered.

Please note that due to health and safety reasons children without their PE kits in school will not be able to take part in the lesson but continue with other lessons. If you are struggling with providing a PE kit for your child please let us know and we may be able to help.

If you consider your child too unwell to take part in a PE lesson, a letter **must be given to the teacher**, to explain why your child is unable to take part that day. PE is **NOT** an optional lesson, but is part of the National curriculum, which is something that all children **must** do.

Please support us to ensure we are meeting the necessary requirements with this subject.

Sports day will be in June and again we will take every opportunity to practice. Date to follow.

NUT FREE ZONE

We would again like to take this opportunity to remind you that Marlfields is a **NUT FREE zone**. We have a number of children in school who have nut allergies.

Where possible, when sending in snacks or packed lunch, please bear this in mind and try **not send** in **anything that contains nuts** e.g. Nutella, peanut butter or cereal bars which contain nuts. If we notice that any items that your child has contains nuts, we will take it off them, and return it at the end of the day.

HEAD LICE

Head Lice are once again making their presence known in a number of classes. Please carefully check your child's hair over the weekend and if you see any evidence of live lice or their eggs, please treat accordingly or seek advice from your local pharmacist.

If you suspect head lice, check the base of the hair near to the scalp for eggs. They are oval, yellow or white, and tiny, less than one millimetre long. Look carefully at the hair to see if you can spot adult lice. Favourite spots for infestation are behind the ears, and at the nape of the neck. If you cannot see anything, try combing the hair with a fine toothed comb over a piece of white paper to see if any lice drop out.



Head lice are small insects, up to 3mm long. They can be difficult to spot in your hair.

Head lice eggs (nits) are brown or white (empty shells) and are attached to the hair.

How can I reduce the risk of lice?

Most people prefer to try natural methods to treat this problem first. This is a good idea because lice are becoming increasingly resistant to chemical treatments. The most effective is wet combing but it is hard work and you will need to be persistent.

The best procedure is as follows:

- Wash the child's hair and apply a generous amount of conditioner, which must be left in
- Use a good quality fine toothed steel comb and comb the child's hair in small sections over a piece of paper so you can see the lice drop out. Wipe the comb clean on a piece of tissue between each stroke.
- Continue until you cannot see any more lice or nits after combing. This will probably take at least half an hour.
- Repeat every three or four days for at least two weeks, so you remove any hatching lice before
 they have the chance to lay new eggs. You cannot remove the eggs by combing, only the lice.

Alternatively, you could try an insecticide lotion. You will need to apply the lotion to all areas of the child's scalp, and **treat the whole family**. It usually needs to be left in for up to 12 hours. For most brands, two applications a week apart are usually needed.

If lice are still present after the second application, they may be resistant to the treatment used. Try a different brand with **different** active ingredients.

It can take several treatments to get rid of the eggs and lice completely. Medicated shampoos and lotions contain quite strong chemicals, so some people may have an allergic reaction to them. These lotions should not be used for babies under the age of six months. Some brands are not suitable for children with asthma.

What else will help?

Cleaning combs and brushes regularly helps prevent transferring the lice back onto the scalp.

Try not to share brushes with other people. Maybe have one for each child.

Check the rest of the family for signs of head lice and treat if necessary.

Inform friends and family who may meet the child who has head lice.

Check the child's hair regularly for signs of head lice.

Start treatment as soon as possible when you have noticed that the child has them.

Do not use medicated lotions as a preventative measure. This only encourages resistant strains of head lice to emerge.

What happens next?

Head lice are not a serious condition and are not dangerous. However, it is best to tackle the problem early to prevent it passing to others.

Head lice and nits are very common in young children and their families.

They do not have anything to do with dirty hair.

They actually prefer clean hair that they can easily grip.

They are picked up by head-to-head contact with someone who already has them.

Check if it is head lice.

Head lice can make your head feel:

- itchy
- like something is moving on your head

The only way to be sure someone has head lice is by finding live lice.

You can do this by combing their hair with a special fine-toothed comb (detection comb). You can buy these on-line or at any pharmacy.

If lotions or sprays do not work, speak to a pharmacist about other treatments available.

As they are unlikely to work, some treatments are not recommended for use:

For example:

- products containing permethrin
- head lice "repellents"
- electric combs for head lice
- tree and plant oil treatments, such as tea tree oil, eucalyptus oil and lavender oil herbal remedies

Information:

You cannot prevent head lice.

Nothing you do or use will prevent head lice.

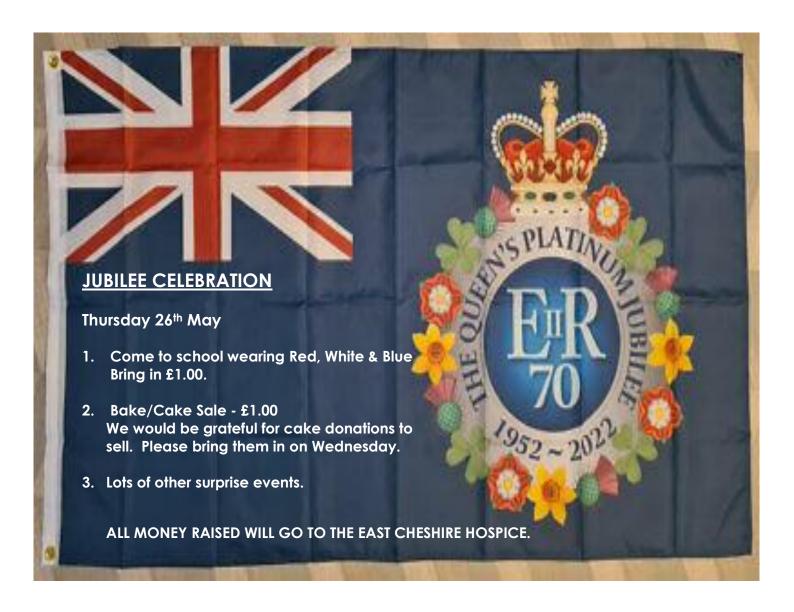
You can, however help stop them spreading by wet or dry combing regularly to catch them early.

Do not use medicated lotions and sprays to prevent head lice. They can irritate the scalp.

There is no need for children to stay off school or to wash laundry on a hot wash.

PHOTOGRAPHS

Don't forget to place your orders on-line with the photographic company if you would like a copy.



HOLIDAY DATES FOR THIS ACADEMIC YEAR

School Closes at 3:20pm For Children School Re-opens For Children

Summer Term

26.05.2022

07.06.2022

21.07.2022

INSET DAYS 27.05.2022 & 06.06.2022