

MARLFIELDS PRIMARY ACADEMY
Disability Equality Scheme - Action Plan 2022-24

Action	Success Criteria	Lead Person	Timescale	Review
Increase knowledge of disability and its legislation for all staff through Disability Equality Training	Disability Equality Training given to all staff	SI	Ongoing	Yearly by Governors
Undertake review of school policies and procedures to ensure promotion of Disability Equality. On rolling programme: <ul style="list-style-type: none"> • Inclusion • Attendance • Antibullying • Health and Safety 	Policies and procedures reviewed and amended	SMT	Annually	Reviewed Annually
Develop and support Mental Health needs and social interaction skills and relationships with peers.	Offer within school published 'healthy minds menu' - Singing Playgrounds, play leaders, progressive sports Designated Mental Health Lead in post and fully trained	Whole School	December 2022	Termly
Publish Disability Action Plan for parents	Accessible for parents	SMT	September on website each year	Governors review each year.

At Marlfields Primary Academy, we offer interventions and support for the wellbeing of our children called 'My Happy Mind'. Mental Health is to be used today to express a positive state in the individual. Having a positive Mental Health is the ability to face life challenges with confidence, to manage them effectively, being responsive to the emotions of one's self and others and to learn from these experiences. We promote positive mental health to create an environment that supports the development and maintenance of mental-health by helping children to feel good about themselves, to enjoy relationships, to learn confidently and to see their difficulties within a range of life experiences.

As part of our provision for effective mental health we aim to achieve the following;

- Universal needs - needs of all children and create opportunities that develop resilience
- Additional needs - the needs of those made vulnerable sometimes my life experiences
- Targeted needs - the needs of those children who need differentiated support and resources for example intervention for learning Pastoral and emotional well-being
- As an inclusive school all children will have access to interventions to support their mental and emotional health regardless of gender, disability, ethnicity, SEND.

Referrals

- Pupils who would benefit from support and intervention will be identified by adults working with that child. A referral form will be completed by class teachers. A timetable will be put in place to map all 'Healthy Mind' Interventions. Parents will be informed in writing whether they will be receiving any of the above interventions. Parents will be sent a report at the end of the programme. Further information about all interventions will be available in the school website.

Marlfields Primary Academy - Healthy Minds Menu

Therapy	Focus
Meet and Greet	Time to talk - a key worker will complete a daily journal. Children have the time to reflect and plan their day.
Nurture	Nurture groups offer a short term, focused intervention to children which addresses barriers to learning arising from social, emotional or behavioural difficulties (SEBD), in an inclusive, supportive manner.
Water play	Fosters cognitive development, teaches mathematics and science concepts, enhances physical skills, promotes social learning and cooperative effort, and enriches language experiences.
Sensory Circuits	<p>Sensory Circuits are a way to energise children during the school day or before an activity;</p> <p>Alerting activities (spinning, bouncing on a trampet, skipping) stimulate the body's central nervous system in preparation for learning;</p> <p>Organising activities (balancing on a wobble board, stepping stones) demand brain and body to work together.</p> <p>Calming activities (heavy muscle work and deep pressure) give an awareness of their body in space and increases the ability to self-regulate sensory input.</p>
Cooking therapy	Speaking and listening, cognitive skills, social skills, fine motor skills, sensory skills, allows interaction, increases socialization, increases tactile stimulation and independence.
Lego Therapy	Social skills, fine motor skills, group skills, communication skills, attention skills, play skills
Reading Beyond Words	Emotional Literacy: Children have an awareness of feelings, having a sense of empathy, learning to manage emotions, repairing emotional problems.
Sensory Therapy	Fine motor development, calming and therapeutic.
Quiet Space	A Multi-Sensory Environment is a dedicated room/space designed to block out noise, control space, temperature and lighting. It is an artificially created venue that utilizes multi-sensory

	equipment to stimulate the senses and promote pleasure and/or feelings of well-being
Draw and Talk therapy	Drawing and talking is a safe, easy to learn method of working with children to help with underlying emotional difficulties that may be affecting their learning and behaviour. The core of the method is encouraging the children to draw with a person they feel comfortable with regularly at the same time each week, and this person asking some non-intrusive questions about the child's drawings.
CBT - Coaching (Play therapist)	Cognitive behaviour therapy (CBT) is a particular type of behaviour therapy that involves looking at the way people think as well as how they behave. CBT is a practical form of treatment that helps people develop problem solving techniques.
Therapeutic mentoring (Wellbeing Therapist)	Therapeutic Mentoring is an intervention model that allows a Mentor to spend time 1:1 with a child or youth working on achieving specific goals. Therapeutic Mentoring is a time-limited and targeted service intended to support other services that are already in place.
Sand tray therapy	Sand tray therapy is a form of expressive therapy that is sometimes referred to as sand play. It allows a child to construct his or her own world using miniature toys and coloured sand. The scene created acts as a reflection of the person's own life and allows him or her the opportunity to resolve conflicts, remove obstacles, and gain acceptance of self.
Wellbeing Hub	Children will have the opportunity to take part in Social Games, Colour Therapy, Time to Talk
Happy Days	Emotional Wellbeing programme to improve social and emotional aspects of development.